



# Kitchen Safety

## Kitchen Safety

Careless cooking is the number one cause of residential fires.  
**Never leave anything cooking unattended.**

- Keep children a safe distance from hot liquids.
- Always use potholders.
- Hot grease causes severe burns, avoid using deep fat fryers around children.
- Clean the exhaust hood and duct over the stove regularly and wipe up spilled grease as soon as the surface of the stove is cool.



- It's wise to have a fire extinguisher near the kitchen. Keep it 10 feet away from the stove on the exit side of the kitchen.
- Never pour water on a grease fire; turn off the stove and cover the pan with a lid, or close the oven door.
- Keep pot handles on the stove pointing to the back and always watch young children in the kitchen.
- Don't store items on the stovetop because they could catch fire.
- Keep kitchen appliances clean and in good condition.
- Follow instructions carefully when using microwave ovens.
- Be sure your stove is not located under a window where curtains are hanging.
- Wear short sleeves or fleece clothing while cooking.
- If your clothing should catch fire, immediately **stop, drop** and **roll** to smother flames.
- Scalds and burn injuries are on the increase. The highest risks are the very young and the elderly.

[www.fire.ca.gov](http://www.fire.ca.gov)